

# Suggested Clothing and Equipment List for Adults

The following is a suggested list of items to take with you to ODS. If possible, avoid taking extra things that really aren't needed:

Mark all clothing and equipment with your name to prevent loss!

## BEDDING:

- Sleeping bag or a four-blanket bedroll.
- Pillow and an air mattress or foam pad.
- Consider bringing an extra blanket to put inside of your sleeping bag for warmth.

## CLOTHING:

- 1 or more pair light-weight shoes such as a pair of tennis shoes.
- 1 pair of hiking-type shoes if you have them and are used to wearing them.
- A warm coat is a must.
- A raincoat if you have one. (We do lessons outside even in the rain unless it is pouring!)
- Waterproof headcovering.
- Several warm sweaters or sweatshirts.
- 1 or more warm shirts.
- 3 or more light-weight shirts or blouses.
- At least 3 pair of jeans or similar-type pants
- Daily changes of socks + several extra pair, underwear etc.
- A hat for warmth

### OPTIONAL:

- A pair of flannel pajamas.
- Shorts (The rule for students is that shorts may be worn if they are within 4 inches of the kneecap or below the tip of your fingers when your arms are extended down your legs. Spandex can be worn only with something over it. (Bring long pants as well as you will be in the forest in brush at times.)

## PERSONAL CARE ITEMS:

- Several washcloths.
- Several bath towels. Comb or hairbrush
- Toothbrush and toothpaste.
- Soap (in a container!)
- Feminine hygiene items
- Shaving supplies

### OPTIONAL:

- Facial tissue.
- Lotion and cream for chapped lips.

## GENERAL EQUIPMENT:

- Flashlight. This is a must! Bring several extra batteries also.
- Name tag with camp name on it.
- An alarm clock
- A coffee-type mug to regularly drink out of. (**Label it with YOUR CAMP NAME.**)
- An addressed and stamped envelope or 2 for letter writing. Enclose paper to write on.
- We use radios that use the 14 family channels. If you do have a family channel radio, please bring it with you to use! Otherwise one will be provided.

**A GOOD MOOD THAT WILL LAST THROUGH CAMP!**

A willingness to help anyone at anytime!

### OPTIONAL:

- Camera (**Moses needs your digital images** if you have access to a digital camera. And the more photos you take the more photos of the activities you are involved in and the people you are with will be posted on the ODS web site.)
- Backpack to use throughout the day.
- Donation of money for TCODS to help meet expenses!

**Bring a clothing item of the formal nature for the Thursday evening "Formal" dinner such as any type of tie, vest, fancy bow for the hair etc. Be creative . . . kids will enjoy seeing you in something unexpected yet appropriate!**

**Bring a pen for signing autographs on Friday!**

Do NOT bring gum, knives, guns, flip flops (except for the shower), pets, liquor, surfboards or worries from the outside world! Also, CELL PHONE USE IS PROHIBITED throughout camp in all areas used by minors!

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